

# Remote Brief Intervention Training for Substance Using Adolescents

Sponsored by the Alameda County Office of Education TUPE Program



Remote Training via  
LIVE ZOOM Video



March 17 & 18, 2021  
2 Session Training  
Session 1: 1:00pm-4:30pm  
Session 2: 1:00pm-4:30pm

**No-Cost Training – In Alameda County**

Facilitated by: Ira Sachnoff



## Training Description:

This training is to build skills of counselors and other adults working with adolescents. BI is a short-term counseling style of intervention that consists of 2 to 4 sessions aimed at adolescents who use tobacco, marijuana, alcohol and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents.

## Target Audience:

School Administrators (Deans, AP/VPs, etc.), Educators, Staff, Counselors, Nurses, Social Workers, and Community Based Partners

## Learning Objectives:

- Examining the counselor's and other adult's attitudes and relationships with teens
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial
- Increasing knowledge about drug and alcohol use among teens
- Utilizing Motivational Interviewing to empower rather than enforce

 **Sign up!**

<https://forms.gle/bqS83TtUVU7nNHJn7>

More Information? Email [capley@acoe.org](mailto:capley@acoe.org)